

# Southern Fulton School District Breakfast Menu December 2021



Monday	Tuesday	Wednesday	Thursday	Friday
		Effective immediately until the end of the school year one Breakfast and Lunch will be provided free for all students		
<b>11/29/21</b>	<b>11/30/21</b>	<b>12/1/21</b>	<b>12/2/21</b>	<b>12/3/21</b>
No School	No School	Cinnamon Roll	Breakfast Bar	Waffles
		Choice of Juice Choice of Milk	Choice of Juice Choice of Milk	Choice of Juice Choice of Milk
<b>12/6/21</b>	<b>12/7/21</b>	<b>12/8/21</b>	<b>12/9/21</b>	<b>12/10/21</b>
Poptart	Yogurt with Graham Crackers	Banana Bread	Breakfast Bar	French Toast
Choice of Juice Choice of Milk	Choice of Juice Choice of Milk	Choice of Juice Choice of Milk	Choice of Juice Choice of Milk	Choice of Juice Choice of Milk
<b>12/13/20</b>	<b>12/14/20</b>	<b>12/15/20</b>	<b>12/16/20</b>	<b>12/17/20</b>
Cinnamon Roll	Egg and Sausage Sandwich	Banana Bread	Waffles	Pancakes
Choice of Juice Choice of Milk	Choice of Juice Choice of Milk	Choice of Juice Choice of Milk	Choice of Juice Choice of Milk	Choice of Juice Choice of Milk
<b>12/20/20</b>	<b>12/21/20</b>	<b>12/22/20</b>	<b>12/23/20</b>	<b>12/24/20</b>
Banana Bread	Cinnamon Roll	Breakfast Bar	Egg and Bacon Sandwich	No School
Choice of Juice Choice of Milk	Choice of Juice Choice of Milk	Choice of Juice Choice of Milk	Choice of Juice Choice of Milk	

**What is a Meal?**  
 You must choose at least 3 of the 4 components available for the school breakfast price.

**Choice of:**  
**Grain or grain protein**  
**Fruit**  
 (must take at least a 1/2 cup)  
**Milk**  
 (1% white or chocolate)

Jaime Barnard  
 General Manager  
 jbarnard@sfsd.k12.pa.us

USDA is an equal opportunity provider and employer.