

Southern Fulton School District Breakfast Menu February 2023



Monday	Tuesday	Wednesday	Thursday	Friday
1/30/23	1/31/23	2/1/23	2/2/23	2/3/23
Muffin Or Cereal Choice of Fruit Juice Choice of Milk	Fruit Churro Or Cereal Choice of Fruit Juice Choice of Milk	Pancake with sausage Or Cereal Choice of Fruit Juice Choice of Milk	Breakfast Sandwich Or Cereal Choice of Fruit Juice Choice of Milk	Funnel Cake Or Cereal Choice of Fruit Juice Choice of Milk
2/6/23	2/7/23	2/8/23	2/9/23	2/10/23
Poptart OR Cereal choice Choice of Juice Choice of Milk	Sausage Gravy with Biscuit OR Cereal choice Choice of Juice Choice of Milk	Breakfast Sandwich OR Cereal choice Choice of Juice Choice of Milk	French Toast Sticks OR Cereal choice Choice of Juice Choice of Milk	Apple Strudel OR Cereal choice Choice of Juice Choice of Milk
2/13/23	2/14/23	2/15/23	2/16/23	2/17/23
Breakfast Sandwich OR Cereal choice Choice of Juice Choice of Milk	Cinnamon Roll OR Cereal choice Choice of Juice Choice of Milk	Pancake on a Stick OR Cereal choice Choice of Juice Choice of Milk	Danish OR Cereal choice Choice of Juice Choice of Milk	No School
2/20/23	2/21/23	2/22/23	2/23/23	2/24/23
Yogurt and Graham Cracker OR Cereal choice Choice of Juice Choice of Milk	Breakfast Sandwich OR Cereal choice Choice of Juice Choice of Milk	Funnel Cake OR Cereal choice Choice of Juice Choice of Milk	Scrambled Eggs with Biscuit OR Cereal choice Choice of Juice Choice of Milk	Pancake on a Stick OR Cereal choice Choice of Juice Choice of Milk
2/27/23	2/28/23	3/1/23	3/2/23	3/3/23
Cinnamon Roll OR Cereal choice Choice of Juice Choice of Milk	Waffles with Bacon OR Cereal choice Choice of Juice Choice of Milk	Breakfast Sandwich OR Cereal choice Choice of Juice Choice of Milk	Pancake on a Stick OR Cereal choice Choice of Juice Choice of Milk	Funnel Cake OR Cereal choice Choice of Juice Choice of Milk

What is a Meal?
You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of:
Grain or grain protein
Fruit
(must take at least a 1/2 cup)
Milk
(1% white or chocolate)

One Free Breakfast to all Students beginning October 1.

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