

Southern Fulton School District Breakfast Menu November 2021



Monday	Tuesday	Wednesday	Thursday	Friday
		Effective immediately until the end of the school year one Breakfast and Lunch will be provided free for all students		
11/1/21	11/2/21	11/3/21	11/4/21	11/5/21
Cinnamon Roll Pineapple Cup Apple Juice Choice of Milk	Breakfast Pizza Applesauce Grape Juice Choice of Milk	Waffles Mandarin Orange Cup Orange Juice Choice of Milk	Sausage and Egg Sandwich Pineapple Cup Apple Juice Choice of Milk	Pancakes in a Bag Apple Slices Grape Juice Choice of Milk
11/8/21	11/9/21	11/10/21	11/11/21	11/12/21
Yogurt and Graham Cracker Pear Cup Grape Juice Choice of Milk	Breakfast Pizza Peach Cup Apple Juice Choice of Milk	Mini Bagels with Cinnamon Pineapple Cup Orange Juice Choice of Milk	No School	Funnel Cake Apple Slices Grape Juice Choice of Milk
11/15/20	11/16/20	11/17/20	11/18/20	11/19/20
Poptart Pear Cup Grape Juice Choice of Milk	Breakfast Pizza Pineapple Cup Orange Juice Choice of Milk	Waffles Peach Cup Apple Juice Choice of Milk	Sausage and Egg Sandwich Mandarin Orange Cup Grape Juice Choice of Milk	Cereal Bar Apple Slices Orange Juice Choice of Milk
11/22/20	11/23/20	11/24/20	11/25/20	11/26/20
Cereal with Muffin Peach Cup Apple Juice Choice of Milk	Breakfast Pizza Pear Cup Grape Juice Choice of Milk	No School	Happy Thanksgiving No School	No School

What is a Meal?
You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of:
Grain or grain protein
Fruit
(must take at least a 1/2 cup)
Milk
(1% white or chocolate)

Jaime Barnard
General Manager
jbarnard@sfsd.k12.pa.us

USDA is an equal opportunity provider and employer.