

Southern Fulton School District Breakfast Menu September 2021



Monday	Tuesday	Wednesday	Thursday	Friday
9/6/21	9/7/21	9/8/21	9/9/21	9/10/21
No School	Cereal with a Muffin Apple Juice Choice of Fruit Choice of Milk	Bacon Egg and Cheese Sandwich Grape Juice Choice of Fruit Choice of Milk	Cinnamon Roll Orange Juice Choice of Fruit Choice of Milk	Funnel Cake Grape Juice Choice of Fruit Choice of Milk
9/13/21	9/14/21	9/15/21	9/16/21	9/17/21
Cereal with a Muffin Orange Juice Choice of Fruit Choice of Milk	Breakfast Pizza Orange Juice Choice of Fruit Choice of Milk	Vanilla Cake Mini Pancake Apple Juice Choice of Fruit Choice of Milk	Sausage Egg and Cheese Sandwich Grape Juice Choice of Fruit Choice of Milk	Banana Bread Orange Juice Choice of Fruit Choice of Milk
9/20/21	9/21/21	9/22/21	9/23/21	9/24/21
Yogurt and Graham Cracker Apple Juice Choice of Fruit Choice of Milk	Bacon Egg and Cheese Sandwich Grape Juice Choice of Fruit Choice of Milk	Waffles in a bag Orange Juice Choice of Fruit Choice of Milk	Cereal with a Muffin Apple Juice Choice of Fruit Choice of Milk	Funnel Cake Grape Juice Choice of Fruit Choice of Milk
9/27/21	9/28/21	9/29/21	9/30/21	10/1/21
Cereal with a Muffin Orange Juice Choice of Fruit Choice of Milk	Pancake on a Stick Apple Juice Choice of Fruit Choice of Milk	Bacon Egg Cheese Sandwich Grape Juice Choice of Fruit Choice of Milk	Pancakes in a bag Orange Juice Choice of Fruit Choice of Milk	Breakfast Pizza Apple Juice Choice of Fruit Choice of Milk

What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of:

Grain or grain protein

Fruit
(must take at least a 1/2 cup)

Milk
(1% white or chocolate)

Jaime Barnard
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All Students receive 1 free breakfast and 1 free lunch

USDA is an equal opportunity provider and employer.